

Blue Sky OD Consulting - Jayme Purinton Coaching Bio



Jayme Purinton, Founder and President of Blue Sky OD Consulting is a Certified Executive Coach through the International Coaching Federation (ICF) and The Center for Executive Coaching (CEC). Jayme is an Executive Coach, active thought partner, and an objective observer who provides insight and feedback without judgment. Jayme uses active inquiry as a tool by listening intently and asking questions to enable a client analyze a story or a situation, resulting in clarity of ideas, attitudes, and behaviors. Jayme has been coaching executives and managers for over 18 years, both inside an organization and as an independent consultant.

The **Blue Sky coaching methodology** incorporates a variety of personal development best practices, models, and tactics. Blue Sky Coaching includes a comprehensive set of assessments, interventions, and resources, enabling a client to grow both personally and professionally, thus applying learning to challenging situations and daily activities. This multi-faceted coaching model takes a client through 3 stages including:

1. Personal Insight Development
2. Action and Situation Planning
3. Practice (new ways of being)

The Blue Sky coaching model is effective with employees at all management levels of an organization, from C-suite executives to front line managers. The model also works for individuals looking for professional and life coaching support apart from their employer. The **Blue Sky Coaching goal** is to carry out personal and professional introspection and self-development tactics that will have long lasting effects on communication, productivity, and interpersonal relationships. This approach includes regular discussions about challenges, intentions, influence, and the consistent application of new habits. Clients are asked to engage in thought-provoking discussions and self-discovery on a regular basis through this approach and coaching methodology.

Contact Information

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